

BHUTAN - HIGH ON HAPPINESS

Journey through a mystical Himalayan kingdom; a land of ancient customs and cultures, of faraway temples and red-robed monks, of virgin forests, pristine rivers and a warm, hospitable people.

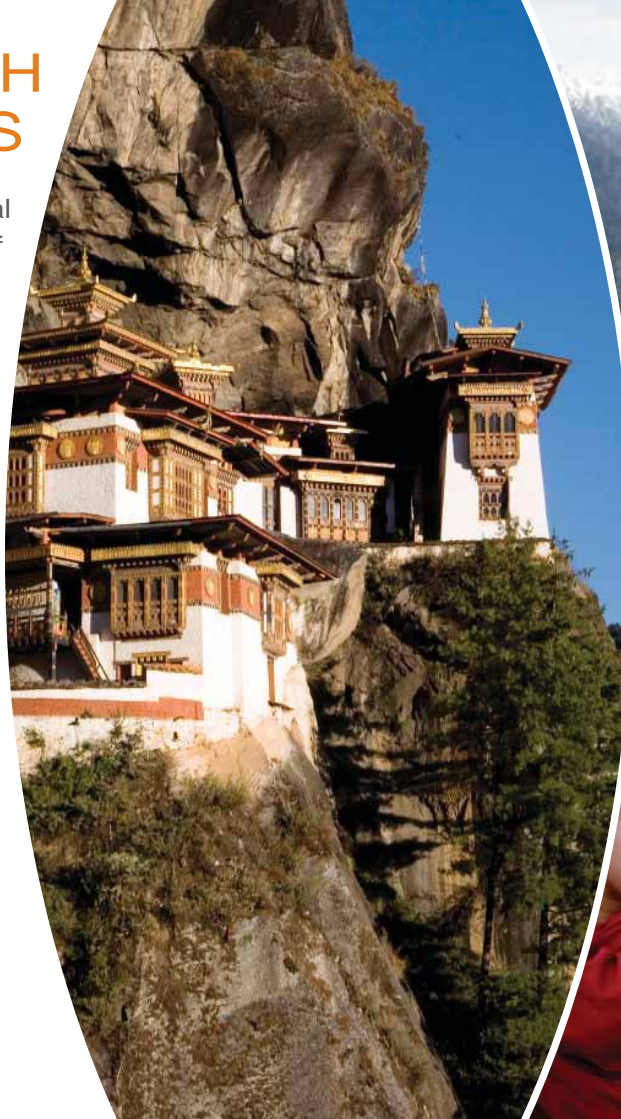


LEVEL:



Epic suggests: **10 DAYS**

Best months: **NOV &
FEB - APR**





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This is a remarkable opportunity to experience a world like no other. Witness the colourful festivals of central Bhutan, trek the great Eastern face of the Himalaya, or visit community projects initiated by the Queen of Bhutan. Epic provides a unique understanding of the country and can tailor your journey to suit how you wish to discover this beautiful land.

The Western provinces are the heartland of the Drukpa people. Explore the villages, try your hand at archery and visit sacred sites to make offerings to local deities. Embrace the opportunity to visit a working monastery and teach English to young monks. Discover fertile rice paddies, lush valleys and magnificent views across the mighty peaks. Take a day hike to the legendary Tiger's Nest monastery, or simply wander the bustling markets of Thimphu town.

In November, immerse yourself in the colourful magic of the ancient Jambay Lhakang festival

in Bumthang, buried deep in the wilds of the country's centre. During spring months, enjoy the splendour of rhododendrons, magnolia and cherry blossom in full bloom.

Extend your journey into the country's remotest region with a 7-day circular trek along the Yeti Trail in Eastern Bhutan. This is a unique opportunity, available to just a privileged few, to experience the life of nomadic yak herders and explore a truly untouched region, visiting remote hamlets and enjoying the warm hospitality of a happy, contented people.

Alternatively, you may opt to personally engage with local not-for-profit organisation RENEW, established by Her Majesty Queen Ashi Sangay Choden Wangchuck for the development of women and children in Bhutan.

- This programme is **fully customisable**.
- Set **departure dates** are also available.
- There is no age restriction.